



Plymouth Pedalers Biking Club

April 10 Plymouth Pedalers Biking Club Kickoff Meeting for the 20th Riding Season

Meet at 9:00 a.m. at the Plymouth Creek Center for the 2013 PPBC Kickoff Meeting.

Weather permitting; we will take an informal ride after the meeting; so bring your bikes if you want to ride.

2013 Regular Group Schedule One -- April 17 through May 22

All rides start at 9:30 am on this schedule

April 17 Minneapolis Riverfront from Cedar Lake Leader: Deb Grill

Meet at 9:30 am at Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. The ride will go around the west and north sides of Cedar Lake onto the Cedar Lake Trail to the river. We'll ride across the Hennepin Ave. Bridge, stop for refreshments at the Wilde Roast Cafe, cross the Stone Arch Bridge and return to the Cedar Lake Trail and Cedar Lake. Trail: Paved bike paths and low-traffic city streets. Distance is approximately 10 miles. (To get to the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake. Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr.)

April 24 Elm Creek Park to Coon Rapids Dam Leader: Gary Doyle

Meet at 9:30 am at the Elm Creek Park -- Chalet Parking Lot. From Elm Creek Park we'll ride across the dam and down east side of the river to the 610 Bridge, back to the dam along west side of the river. Trail: 18.5 miles, level, paved. (To get to the Chalet Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. The Chalet parking lot is on the left about half a mile from the park entrance.)

May 1 Dakota Rail Regional Trail - Wayzata to Mound Leader: Bill Lundberg

Meet at 9:30 am at the beach house parking lot in Wayzata. The ride will go west on the Dakota Rail trail. We will stop for refreshments in Mound and then return to Wayzata. Trail: Level on paved rail bed, about 18 miles roundtrip. (To get to the trailhead take County Rd 15 (Lake Street) through Wayzata to Grove, turn left and follow Grove to the parking area.)

May 8 Ride the Minneapolis Trails from Hopkins Leader: Gary Doyle

Meet at 9:30 am at the parking lot of Zion Lutheran Church in Hopkins. We'll ride east on the Greenway and LRT trails, then around Lake Calhoun and Lake of the Isles. Ride along the west side of Cedar Lake onto the North Cedar Lake Regional trail for our return to Hopkins. Trail: about 20 miles, paved and quite level. (To get to Zion Lutheran Church, take MN-7 to Hopkins. Turn south on 5th Ave, and then east on Minnetonka Mills Road for about half a block. Parking lot is on the right between the church and a park -- Burnes Park.)

May 15 Bassett Creek Ride Leader: Dick Snell

Meet at 9:30 am at Bassett Creek Park, 6001 32 Ave N, Crystal. Ride the west side of Hwy 100 to 42nd Ave, cross 100, Twin Lakes Regional Trail to the river, west side of the river to Webber Park, cross the river, Marshall St to Lowry Ave, Lowry to Victory Memorial Drive, to the Luce Line & back to Bassett Creek. We will stop briefly at Marshall Terrace Park to see a Heron Rookery. About 19 miles. Some quiet streets and gentle hills. (From Hwy 100 take 36th Ave N west to Douglas Dr, go south on Douglas Dr to 32nd Ave N, go east on 32nd to the park. Parking next to a dog park.)

May 22 Around Medicine Lake from Parkers Lake Leader: Will Quast

Meet at 9:30 AM at Parkers Lake Pavilion, and ride via the Luce Line eastern extension and low-traffic streets up the west side of Medicine Lake, past French Park, and back along the east side. Trail: About 18 miles; a few stiff hills on West Medicine Lake Road. (Parkers Lake Pavilion entrance is at the corner of County Road 6 and Niagara in Plymouth.)



Plymouth Pedalers Lite Biking Club

2013 Lite Group Schedule One -- April 17 through May 22

All rides start at 9:30 am on this schedule (except April 10)

- April 10** Plymouth Pedalers Biking Club Kickoff Meeting for the 20th Riding Season
Meet at 9:00 a.m. at the Plymouth Creek Center for our annual PPBC Kickoff Meeting.
Weather permitting; we will take a short combined ride with the regulars after the meeting; so bring your bike
- April 17** Minneapolis Riverfront from Cedar Lake **Leader: Dick Davideit**
Meet at 9:30 at Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. The ride will go around the west and north sides of Cedar Lake onto the Cedar Lake Trail to the river. We'll ride across the Stone arch Bridge, **stop for refreshments** at a Café on the UM campus and return to the Cedar Lake Trail and Cedar Lake. Trail: Paved bike paths and low-traffic city streets. Distance is approximately 10 miles. Long enough for so early in the season.
To get to the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to So. Drew Ave., go left on Drew for one block to a small park. (Drew Ave. and Cedar Shore Dr.)
- April 24** Elm Creek Park to Coon Rapids Dam **Leader: Arnie Nelson**
Meet at 9:30 am at the Elm Creek Park Beach parking lot. Parking lot is about a mile beyond the park entrance gate off County Road 81 in Maple Grove. We'll ride across the dam to the visitor center, and back to Elm Creek. Trail: 15 miles, level, paved.
From the I-94 west. Exit at Weaver Lake Road in Maple Grove. Go east about 1/3 mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. The beach parking lot is down a little hill to the left, near the end of the road.
- May 1** Dakota Rail Trail - Wayzata to Mound **Leader: Marie Kidder**
Meet at 9:30 AM at the beach house parking lot in Wayzata. The ride will go west on the Dakota Rail trail to Mound, stop for refreshments and back to Wayzata. Trail: Level on paved rail bed, about 18 miles roundtrip.
To get to the trailhead take County Rd 15 (Lake Street) through Wayzata to Grove, turn left and follow Grove to the parking area.
- May 8** Minneapolis Lakes from Whole foods **Leader: Paul Sholtz**
Meet at 9:30 am in the Whole Foods parking lot (park away from the store). We'll take the Greenway from the rear of the store a short distance to the Dean Blvd. exit. We'll proceed on Dean Blvd. trails a short distance to Lake of the Isles. From there we go around Lake of the Isles, Lake Calhoun, and (optionally) Lake Harriet, returning via the Greenway. Distance: 12 to 15 miles, paved and mostly level.
Directions: Whole Foods is a block west of where Excelsior BVD joins MN Hwy 7. Address is 3060 Excelsior BLVD
- May 15** Hopkins to Cedar Lake and Return Loop **Leader: Dick Davideit**
Meet at 9:30 am at the parking lot of Zion Lutheran Church in Hopkins. We'll ride briefly on city streets to pass under Hwy. 169, then climb a short hill onto the LRT trail for a long downhill ride toward the city lakes. Then we ride to the Cedar Lake Trail via the Greenway and Kenilworth Trails, and ride along the west side of Cedar Lake. At the north end of Cedar Lake we take the Hutchinson Spur trail west for our return trip. Distance: 12 miles, paved and mostly level.
Directions: From MN Hwy. 7 east of Cty. Rd. 73, proceed east to 5th avenue, then turn right. Proceed a short distance to Minnetonka Mills Road, turn left and proceed to the church on your right. The parking lot is between the Zion Lutheran Church and Burnes Park
- May 22** Medicine Lake Circle **Leader: Marie Kidder**
Meet at 9:30 am at West Medicine Lake Park in Plymouth. We'll ride a clockwise circle route around Medicine Lake including Peninsula Road. Trail: Paved bike paths and a few city streets with some hills. The worst one comes early in the ride. Length: 12 miles.
Directions: West Medicine Lake Park is located on West Medicine Lake Dr. at 18th Ave. No. Take HW55 to 18th Ave.

Note

Bad weather foils some of our rides. The hotline below tells which ride, Regular or Lite, if either, has been cancelled due to weather. Please use it. Some of our riders traveled many miles to attend a ride that had been cancelled. Weather conditions may look OK where you live but if there is any doubt CALL THE HOTLINE.

Schedule questions? Call Dick Davideit 763 559 2929 or rdavideit@comcast.net. Ride cancelled hotline 763-509-5275.

Sponsored by Sr. Community Services and Plymouth Sr. Services Sara Mittelstaedt, Coordinator 763-509-5280 smittels@ci.plymouth.mn.us